Solving a Classic Dilemma of Democratic Politics: Who Will Guard the Guardians?

by J.H. Snider

The Founders of the United States were deeply concerned about the corrupting influence of power. They understood that, given the chance, elected officials would seek to preserve and enhance their power, even at the expense of democratic institutions. Accordingly, they designed a government based on a separation of powers, where “ambition” would “counteract ambition.” This included an elected president with veto power over legislation; an independent court with the ability to declare legislation unconstitutional; a legislature in which a two-thirds majority can override a presidential veto; and bicameralism in which legislation must pass both houses of the legislature.

The resulting system, mimicked by state and local governments, has worked remarkably well in ensuring that one branch of government cannot successfully usurp the power of another branch. But experience has proven it to have one major flaw: an inability to reign in the power of elected incumbents within the most powerful branch of government, the legislature. This is manifested in the high re-election rates of incumbents. For example, in every election since 1996, the re-election rate among incumbent members of the U.S. House of Representatives has been over 98 percent.

The same pro-incumbent bias is evident in the states, especially in the big states with professional legislators. In California, every single incumbent legislator up for election in both the Assembly and Senate won re-election in 2004. In elections for state legislatures nationwide, only 61 percent of seats were even contested.

Elected officials have achieved such electoral success by creating barriers to entry for potential challengers. These barriers to entry manifest themselves in thousands of little details of democratic design but are generally listed in broad categories such as legislative ethics, campaign finance, redistricting, legislative records, and voting systems.

Of course, deny it as they might, the underlying reason for the pro incumbent bias of our current democratic system is that elected officials have an intrinsic conflict of interest in instituting democratic reforms that might reduce their own chances of re-election. In effect, the fox (elected officials) have been put in charge of guarding the chicken coop (democratic competition) while pretending to be a good shepherd (guardian of democracy).

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1 This article is adapted from the last chapter of J.H. Snider, *Speak Softly and Carry a Big Stick: How Local TV Broadcasters Exert Political Power* (New York: iUniverse, 2005).
3 Robert Richie, "Election 2004 by the Numbers," (Takoma Park, Maryland: Center for Voting and Democracy, 5 November 2004).
4 Michael Doyle Bee, "It's Assigned Seating, Political Style, Whether Democrat or Republican: Once You're in Congress, You Tend to Stay," *Sacramento Bee*, 7 November 2004.
That elected officials act on their conflict of interest does not make them bad—anymore than a mouse that flees a cat so it can survive. Winning office is incredibly hard and, like life itself, not to be casually discarded.

The Constitution makes no mention that legislators might have a conflict of interest when designing institutions with a direct bearing on their own re-election. The major implicit exception is the First Amendment, which limits the ability of elected officials to turn the press into a PR vehicle for their own re-election.

The Founders’ blind spot may be attributed to the fact that within the conceptual confines of elected representative democracy such a conflict is insolvable. That is, if elected officials are the only possible type of democratic representative, then conflict-of-interest-free democratic reform is impossible. Of course, direct democracy would have been an alternative mechanism to deal with the conflict-of-interest problem, but the Founders—rightfully, in my opinion—had a profound distrust of continental scale direct democracy, which is why they set up a representative democracy in the first place.

**The Solution**

There will not be an improvement in political competition until the incumbent fox ends his tenure as guardians of the democratic henhouse.

--Patrick Basham and Dennis Polhill, Cato Institute’s Center for Representative Government

That elected officials have a conflict of interest in instituting democratic reforms has certainly not gone unnoticed. For example, Harvard Professor Dennis Thompson, an expert on legislative ethics, concludes: “How can ethics committees claim to judge an individual conflict of interest when they themselves stand in a position of institutional conflict of interest?... No matter how much the ethics committees are strengthened and their procedures improved, the institutional conflict of interest remains.” Similarly, Columbia University Professor Samuel Issacharoff, an expert on redistricting, concludes: “The redistricting process will not be reformed from within. No politician has incentive to change a system by which he or she obtained office and that dramatically enhances the prospects of remaining there.”

In response to this blatant conflict of interest problem, a seemingly infinite array of “independent” entities have been proposed. But what these independent entities have in common is that they work within the confines of our system of representative democracy. At a minimum, elected officials or the political parties they control pick the members (or member) of the independent entity, which, as a result, isn’t completely independent.

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addition, members are often in some way accountable to those who select them. To the extent the members are truly independent, then another problem is introduced: they are unaccountable to the general public. We may hope that such truly independent members have good character and thus act in the general public interest. But if they don’t, there is no way to hold them to account.

The fact that independent entities aren’t completely independent does not imply that they are worthless. When an elected official delegates a task (democratic reform) to a third party (the independent entity), the official’s cost of influencing the outcome may be increased. Still, high incumbent re-election rates demonstrate how hard it is for these “independent” entities to act truly independently.

Consider two of the most popular types of independent entity: the bipartisan commission and use of the judiciary. The problem with the bipartisan committee is that it may reduce partisan bias but does not alleviate the common interest of the political parties in protecting the incumbent elected officials who control the parties. The problem with using the judiciary is a combination of politicization and lack of accountability. The appeal of judges is that they are relatively disinterested parties, but by giving them a vital political function, it provides elected officials with an incentive to politicize the judiciary even more than it is now. To the extent this problem is alleviated—for example, by using a panel of retired judges—the problem of unaccountability comes to the fore.

The solution I propose to this democratic dilemma is the creation of a Citizens Jury on Candidate Information and Electoral Systems (“Citizens Electoral Jury”). The three essential features of this proposal are that 1) the jury be constituted of a random selection of voters adequately large enough to be representative of the general population, 2) the jury’s jurisdiction be limited to candidate information and election rules, and 3) the jury be embedded in the checks and balances system of government.

The random selection of members gives the jury democratic legitimacy, provided that the sample of voters, like a poll, is adequately large to be highly representative of the preferences of the population covered by the legislature.

The narrow jurisdiction of the jury targets the area where conventional representative democracy, based on delegating decision making to elected representatives, breaks down.

Embedding the jury in the formal checks and balances system of government makes it difficult for elected officials to ignore or otherwise override the jury’s decisions when the jury fulfills its checking function.

The Citizens Electoral Jury, with its large-scale randomly selected citizen membership, has some of the same attributes as the “deliberative opinion polls” advocated by Jim Fishkin and others. In both cases, the random selection of individuals, who are used to

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stand in for the general populace, is intended to solve the motivation and information problems that bedevil the population at large when considering a complex issue. As with delegating decisions to elected representatives, there are huge gains in efficiency from delegating decisions to citizen jury representatives because it is vastly more efficient for 500 people than 200 million people to deliberate. The free rider problems that plague large democratic bodies are also substantially mitigated.  

The Citizens Electoral Jury differs from a deliberative opinion polls in its second and third essential elements: its narrowly targeted jurisdiction and tight integration into the legal machinery of government. Like a regular opinion poll, any issue can be the subject of a deliberative opinion poll. But a Citizens Electoral Jury is only designed to deal with a narrow type of issue where elected officials have a direct conflict of interest. Similarly, like a regular opinion poll, a deliberative opinion poll need not be integrated into the legal machinery of government. But such integration is an essential feature of a Citizens Electoral Jury.

**The Citizens’ Assembly on Electoral Reform in British Columbia**

“Never Before in modern history has a democratic government given to unelected, ‘ordinary’ citizens the power to review an important public policy, and then seek from all citizens approval of any proposed changes to that policy.”

--Jack Blaney, Chair, Citizens’ Assembly

To date, the closest implementation of a Citizens Electoral Jury has been the recent Citizens’ Assembly on Electoral Reform in British Columbia.

In 1996, the Liberal party of British Columbia won more votes than the second place New Democratic party. But thanks to the first-past-the-post electoral system, the New Democrats won control of the government. In 2001, the head of the Liberal party, Gordon Campbell, promised that if the Liberal party won the 2001 elections, it would create a citizens’ assembly on electoral reform to recommend ways of improving the existing electoral system. The Liberals won the election with an overwhelming majority—57.6% of the popular vote and 77 of the 79 electoral districts in British Columbia. Newly elected Premier Gordon Campbell then went about fulfilling his promise to the electorate.

On April 30, 2003 the legislature passed a motion to create the Citizens’ Assembly. The premier then proposed and the legislature ratified the chair of the Assembly. In the

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10 To date, the authoritative study of what happened in British Columbia is the 264 page "Making Every Vote Count: The Case for Electoral Reform in British Columbia," (British Columbia, Canada: British Columbia Citizens’ Assembly on Electoral Reform, December 2004).

11 From the opening sentence of Ibid.
following months, 160 individuals were randomly selected in a multi-stage stratified sample to serve as the Assembly’s members. In addition, the Chair of the Assembly was given a vote, bringing the total to 161. The 160 were stratified so that two came from each of the 79 political districts and the remaining two came at-large from the Native American (what in Canada are called “First Nations”) community. Each political district was to have one male and female representative. Initially, more than 26,000, individuals, approximately 200 from each political district, were selected in a stratified random sample so that each gender and age bracket in the sample reflected that of the general population. Only a small fraction of those thus selected agreed to participate. These, in turn, were stratified to maintain age and gender balance. From this group of approximately 1,000 the 160 were randomly selected.

The Citizens’ Assembly deliberated in three stages. The first, from January through March 2004, was called the learning stage. Assembly members met over six weekends to learn about various electoral systems. The second, from May through June, was called the hearings stage. Subsets of assembly members participated in 50 hearings throughout the province to gather public comments. The last stage, from September through November, was called the deliberation stage. Assembly members met over five weekends and deliberated on the strengths and weaknesses of various proposals before selecting an electoral system based on the single transferable vote. This recommendation was then placed on the ballot for a referendum to take place on May 17, 2005. To pass, the ballot item needed 60% of the vote and 48 of the 79 electoral districts. Regular ballot items only needed 50% to pass but the legislature wanted a supermajority for this item because it involved fundamentally changing British Columbia’s system of democracy. The ballot item read: “Should British Columbia change to the BC-STV electoral system as recommended by the Citizens’ Assembly on Electoral Reform?”

The May referendum received 57.4% of the vote and won 77 of the 79 electoral districts. Since it didn’t reach the 60% threshold, it did not pass. Whether or not one considers this vote an affirmation of the Citizens’ Assembly process or not depends a lot on one’s perspective. In itself, the majority vote is remarkable. But given research showing that when voters are confused by a ballot item they vote the status quo, I interpret the vote count as an underestimate of latent support for the Citizens’ Assembly concept. About half the electorate had not heard of the referendum by election day and were thus predisposed to oppose it when they saw it for the first time in the voting booth.

The Citizens’ Assembly was a historically unprecedented type of democratic body that proposed an unfamiliar and relatively complex electoral system—the single transferable vote (STV)—yet had only a miniscule budget to promote itself and its recommendations. The Assembly was primarily internally focused during its deliberations and then disbanded five months before the vote. The Liberal party did not promote the recommendations. One reason is that their hands were tied because they promised before the Assembly started that they would not take a position. This was to make it clear that the Assembly would not be an instrument of the government or, more particularly, the Premier. Another reason may be that once they were in power they had little incentive to modify the electoral system in a way that would reduce barriers to entry for political
competition. The principal opposition party was also silent, perhaps because they saw no political advantage in publicly either opposing or supporting the referendum. In general, no political party had an interest in promoting STV because this system of voting is candidate centered and thus would undermine their power.

Assembly members were paid $150/day plus all transportation and lodging expenses for each day they participated in the Assembly. Only one Assembly member dropped out during the course of the year and attendance at meetings was consistently above 95%.

The Assembly maintained a sophisticated website for internal deliberations and formal submissions from the public. The voluminous documentation of the deliberations of the Citizens’ Assembly can be found at http://www.citizensassembly.bc.ca/public.

Other Variations on the Idea of a Citizens Electoral Jury
Although the Citizens’ Assembly strikingly demonstrates that a Citizens Electoral Jury can work, it is merely one variation of this basic concept. Using the Citizens’ Assembly as a reference point, I suggest a number of modifications.

Expanded Jurisdiction
The Citizens’ Assembly only dealt with electoral reform. But, as described above, there are other issues where elected officials have an intrinsic conflict of interest. I’d include all of them in the jurisdiction of a Citizens Electoral Jury. These other areas include campaign finance, legislative ethics, legislative transparency, redistricting, and voting systems.

The Problem of the U.S. Constitution
The Citizens’ Assembly involved a referendum. The U.S. Constitution makes no provision for a referendum at the national level of government. Of course, it would in theory be possible to pass a Constitutional amendment allowing referendums. But that creates a probably insurmountable hurdle for implementing this idea. I suggest instead that the Citizens Electoral Jury be a standing committee of Congress called the “Citizens’ Committee on Candidate Information and Electoral Systems” or, as a shorthand, “Citizens Electoral Committee.” This committee would not be an advisory committee but a new type of congressional committee with powers similar to any other standing congressional committee. In addition, like a conference committee, it would be a committee serving both branches of Congress. The Citizens Electoral Committee would deliberate on issues within its jurisdiction and then send bills to the floors of both houses of Congress for a vote. This type of committee power might seem modest but there is reason to believe that in fact the recommendations of the Citizens Electoral Committee would rarely be overturned by the full Congress.

The difficult part of passing popular democratic reform legislation is usually getting it to a floor of Congress for a roll call vote because, once there, it usually passes with overwhelming majorities. For example, lobbyist disclosure law took decades to reach the floors of the U.S. Senate and House of Representatives for a vote. But when it did in 1995, it passed the Senate 98-0 and the House 421-0. The paradox is explained by the
fact that members of Congress are wary of casting an unpopular vote that becomes part of their public record. Congressional leadership can usually kill a bill, even a popular democratic reform bill, without creating a roll call vote. But if a bill manages to get to the floor for a roll call vote, the political cost of opposing a popular democratic reform sharply increases.

Consider, too, that within its jurisdiction a Citizens Electoral Committee would presumably have great democratic legitimacy, whereas legislators would be perceived as having a conflict of interest with the electorate. The result is that if the recommendations of the Citizens Electoral Committee were highly publicized, legislators would oppose them at their own political peril.

In many states, state constitutions allow referendums. In these states, a Citizens Electoral Jury, like the Citizens’ Assembly in British Columbia, could be given the power to propose items for a referendum within its narrow jurisdiction and subject to enforcement by the courts.

As an aside, this author believes that the jurisdictions of referendums, like Citizens’ Electoral Juries, should be restricted to areas where elected officials have a blatant conflict of interest. Presumably, if Citizens’ Electoral Juries create democratic reforms that decrease the power of special interest groups, the classic argument for referendums with broad jurisdiction would be weakened.

Use of the Initiative
In British Columbia, elected officials created the Citizens Electoral Jury. In governments without the initiative, there is no other alternative: creating a Citizens Electoral Jury must depend on the goodwill of elected officials. However, many U.S. states support initiatives. An item could thus be put on the ballot to create a Citizens Electoral Jury without the legislature’s support.

Term Limits
One way to get legislators to support a Citizens Electoral Jury is through term limits. If a state has term limits for its legislators, then a bill could call for the creation of a Citizens Electoral Jury only after the incumbent office holders were already forced to retire. This would eliminate their conflict of interest because the Citizens Electoral Jury would come into being only after they left office and thus not affect their re-election prospects.

A Standing Committee
The Citizens’ Assembly was an ad hoc committee with a specific duration before it was disbanded. Instead, I suggest that a Citizens Electoral Jury be a standing committee. There are two major advantages to a standing committee. First, a standing committee would be less subject to elite manipulation because more key decisions, such as administrative leadership, could be internalized rather than controlled by elected representatives. Second, many issues within the jurisdiction of a Citizens Electoral Jury would involve the type of issues best handled by a standing committee. Some issues, such as redistricting and electoral redesign, are relatively infrequent and predictable, thus
suitable for an ad hoc committee. But other issues, such as those covered by a Congressional ethics committee, are relatively unpredictable and frequent, thus calling for a standing committee.

**Staggered Terms**

Like the terms of most ad hoc committee members, the terms of Citizens’ Assembly members were synchronized. For a standing committee, however, staggered terms are preferable. That way the committee always has some experienced members to conduct business and the newcomers can learn from their expertise. For example, if the size of a Citizens’ Assembly were 480 members, the term of each member 2 years, the Committee divided into 12 equal sized classes, and each class staggered two months apart, then every two months 40 citizens would start and end their terms.

**Internal Administration and Agenda Setting**

The agenda and chief of staff of the Citizens’ Assembly were determined by the provincial legislature. I suggest that the Citizens Electoral Jury select its own agenda and staff. Specifically, I suggest that the senior class (those in their last two months of jury service) serve as the agenda and rules committee. Further, I suggest that each terminating senior class appoint one representative to serve on an executive board for a period of fixed duration. Like a school board with responsibility to hire and fire a superintendent, this executive board would have the responsibility to hire and fire the Jury’s executive director.

**Age Qualifications for Membership.**

The Citizens’ Assembly was open to everyone above age 18. But I suggest that it be restricted to a narrow age range to maximize the average competence and motivation of its members. Specifically, I suggest that eligibility be restricted to the average age of new retirees, which could be defined as whatever age the government begins paying out social security benefits. Presumably, citizens acquire useful political knowledge over a lifetime, so, all other things being equal, older people whose minds are still robust would bring more political competence to a Citizens Electoral Jury. Presumably, too, people not too young and not too old would also have the greatest motivation to participate. That’s because older people would have physical trouble attending meetings and younger people would have more competing career and family obligations. The evidence does appear to support this hypothesis.

Only 7.4% of those initially selected to participate in the Citizens’ Assembly expressed an interest in participating. Of those that were then invited to the selection meeting, only 63% attended and then later agreed to participate if chosen in the final random selection. This resulted in a net participation rate under 5%.

Of those that did choose to participate, a disproportionate number were in the middle years between ages 55 and 70 years. For example, someone between the ages of 55 and
70 was 94% more likely to participate than someone between the ages of 18 and 24, and a whopping 732% more likely to participate than someone age 71 or above.\footnote{See Ibid., pp. 33, 35, 40. The calculations are as follows: the 55-70 year group in comparison to the 18-24 year old group, adjusted for their different population sizes, were 35% more likely to respond to the initial participation letter and then 44% more likely to attend the selection meeting, resulting in a 94% higher participation rate for the 55-70 age bracket. The 55-70 year group in comparison to the 71+ year old group, adjusted for their different population sizes, were 270% more likely to respond to the initial participation letter and then 271% more likely to attend the selection meeting, resulting in a 732% higher participation rate for the 55-70 age bracket. These percentages may seem high, but when one recognizes the overall participation rates were less than 5%, even a relatively small change in participation rates—say from 1% to 7%—creates a huge difference in relative participation rates. Even with the attempts at age stratification in each stage of the selection process, the final assembly had 65% more people between the ages of 55 and 70 than their proportion in the population.}

Of course, restricting participation to someone at a particular age introduces the possibility of age bias. However, since few of the issues in the jurisdiction of the Citizens Electoral Jury would be age-related, I do not see that this type of bias outweighs the clear advantages of having such a body constituted by individuals with, on average, greater motivation and competence.

**Telecommunications**

Telecommunications played only a minor role in the deliberations of the Citizens Assembly, and a significant fraction of its members did not even have any type of Internet connection, let alone a high speed one. Surely, the large distances necessary to participate in the Citizens’ Assembly restricted the number of citizens willing to participate. In a large country such as the United States, the impact of distance in the absence of advanced telecommunications would most likely be an even greater inhibitor. Telecommunications, by allowing people to participate across continental distances without traveling, would greatly lower the cost of participation. Thus, it is vital that all jurors be given access to high speed Internet connections and allowed to participate, whenever appropriate, from home or some other convenient location.

**Compensation**

The members of the Citizens’ Assembly received a modest per diem compensation for their participation. I suggest that members of the Citizens Electoral Committee receive a regular salary with health benefits comparable to a member of Congress. Salary might be set as greater of either the median U.S. household income or the average basis on which a member’s social security payroll tax was determined during the last five years of work before retirement and eligibility to serve on the Citizens Electoral Committee.

**Funding**

The Citizens’ Assembly was funded via a short-term grant from the legislature. This funding mechanism is a potential problem because it undermines the independence of the Citizens’ Assembly. I suggest that Citizens’ Electoral Juries be given long-term funding from the legislature. They should also have the option of supplementing legislative funding with private non-profit, foundation funding and funding from referendums. Many government institutions receive funding from private sources. For example, almost
all public schools have parent-teacher organizations that raise private funds to supplement school board funding. Many foundations, including the Bill and Melinda Gates Foundation and the Annenberg Foundation, have also provided substantial support to particular public schools. One constraint is that I would limit outside funding from a particular foundation to a relatively small fraction of an electoral jury’s total funding.

**Lobbying Restrictions**

The Citizens’ Assembly had no restrictions on its members being lobbied. This was not a problem for the Citizens’ Assembly because lobbyists were not mobilized to influence the process. But in the future, if a Citizens Electoral Jury were institutionalized and given enhanced powers, the incentive to lobby privately would increase. For this reason, I believe that all lobbying, as with a jury used in the judicial branch of government, be conducted in public, either in a formal public hearing or a submission to a public website. Members of the Citizens Electoral Jury would lose their jury membership and compensation by meeting with an outside lobbyist outside of this formal, public process. Jurors who took bribes could also be subject to criminal penalties. Compared to certain types of restrictions on conventional juries, such as anonymity (not revealing jury names to people who might seek to influence them) or sequestration (not allowing jurors to leave a secluded place until they have reached a decision), these are modest restrictions.

**Jury Size**

The Citizens’ Assembly on Electoral Reform had 161 members. Depending on the size, wealth, and diversity of interests of the community represented by the legislature, I see no reason why the size of a Citizens Electoral Jury cannot vary. At the national level, I suggest a jury of 500 to ensure rigorous representation of diverse interests. At a local level, such as a town council, juries of 30 to 50 individuals, not much larger than a grand jury, should be adequately diverse. Local juries, with fewer issues to deal with, should also be able to meet much less frequently. They should be able to pool together with nearby juries to share administrative costs, and also benefit from the deliberations of thousands of other similarly situated juries, thus significantly reducing their decision-making burden.

**Transition Strategy**

A proposal such as the Citizens Electoral Jury is probably too radical to be implemented all at once. A more modest proposal for an ad hoc, state level Citizens Electoral Jury with a narrow jurisdiction, such as was implemented in British Columbia, is probably a more realistic short-term goal.

In the U.S., a better issue than electoral reform might be redistricting, although the two issues are closely intertwined. There is a broad consensus in the U.S. that there is something seriously wrong with the current system of setting political district boundaries. No similar consensus currently exists about weaknesses in our electoral system.
California or another state that supports the initiative might be a good place to try to implement a Citizens Electoral Jury. That way a Citizens Electoral Jury could be created without needing the approval of elected officials.\textsuperscript{13}

At a local level, a Citizens Electoral Jury could be linked to the periodic charter revision process. Charters are too often written to benefit incumbent legislators at the expense of democratic accountability.

\textbf{Conclusion}

Democracy requires more than just elections. Saddam Hussein’s Iraq had elections, but in the absence of any viable competition, the outcome was 100% certain. For democracy to thrive, it must have a wealth of supporting institutions that foster a well-informed public and competitive elections.

During the last 2,600 years, these supporting democratic institutions have been a work in progress. The designers of the U.S. Constitution did a masterful job. But they no more have the last word on democratic institutional design than did Solon, often credited as the founder of Greek democracy.

Perhaps the oddest feature of this proposal is that it hearkens back to an ancient Athenian institution invented at the dawn of democracy. That institution, called variously the Boule or Council of 500 (and credited by Aristotle to Solon), gave 500 individuals selected by lot control of the day-to-day running of Athens for one year, after which a new group of 500 individuals would be randomly selected.\textsuperscript{14}

However, the idea of a Citizens Electoral Jury adds a vital twist to that ancient governance idea: a narrow jurisdiction. Elected officials continue to make more than 99\% of the decisions currently within their jurisdiction. The Citizens Electoral Jury only has jurisdiction over the balance. Another novel twist is telecommunications, so that those selected randomly by lot can participate in a distant democratic forum with minimal disruption to their lives.

Although the jurisdiction of a Citizens’ Assembly would be tiny, its effect on other issues would be great because those decisions are influenced by the design of the democratic process. To the extent that political competition was enhanced and the influence of special interests reduced, the public would benefit across a wide range of issues.

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\textsuperscript{14} The number was initially 400 and then raised to 500. See G. R. Stanton, \textit{Athenian Politics, C. 800-500 B.C.: A Sourcebook} (London ; New York: Routledge, 1990), David Stockton, \textit{The Classical Athenian Democracy} (New York: Oxford University Press, 1990).
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